

**AMPLIFY our Weekly Message / 8.21.22**

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God’s Word. Choose the ones that fit best in your context.

**Sunday Discussion**

**This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.**

Share something that was said or sung in the worship service that resonated with you. Take a moment to pray with and for the person with whom you just shared.

**Daily Discussion**

**These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage listed.**

**Monday:** Read Colossians 3:1-2. What does it mean to have been raised with Christ? What is the difference between being spiritually dead and spiritually alive?

**Tuesday:** Read Colossians 3:1-2. What are some examples of “things above”? What are some examples of “earthly things”? Why do which things draw your minds attention and what good or harm does it do?

**Wednesday:** Read Colossians 3:3-4. What does it mean that we “died”? What are some ways in which you are feeling that death? To what extent do you act like what is dead is still alive?

**Thursday:** Read Colossians 3:3-4. What does it mean to be “hidden with Christ in God”? Why is that necessary?

**Friday:** What is a practice that you believe will help you look up (set your eyes on “things above” – our spiritual reality)?

**Weekly Discussion**

**Spiritual friends are those who intentionally move into one another’s life to spur one another on in spiritual growth for the Glory of God.**

1. How has God encouraged, challenged or corrected you recently?
2. What’s a way that you believe God has used you recently or wants to use you this week?

**What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.**

### **An Inward-Focused Spiritual Practice**

**Daily spiritual discipline** – Spend some time this week meditating on Colossians 3:1-4. Read also Colossians 2:6-7; 9-10, 12; 3:12-17. Jesus invites us to have humble confidence in the throne room.

Colossians 2:6-7; 9-10, 12; 3:12-17. Make note of God’s invitation to you in these passages.

**Related thoughts and quotes:**

*I believe in Christianity as I believe that the sun has risen: not only because I see it, but because by it I see everything else.* – C.S. Lewis

*Keep your object.* – Helicopter pilot instructing students as they learn to land smoothly

*Pursue the things over which Christ presides. Don’t shuffle along, eyes to the ground, absorbed with the things right in front of you. Look up.* – Message translation of Colossians 3:1-2

### **An Outward-Focused Spiritual Practice**

Seek to love those God places in your path. Be intentional to share Jesus’s love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need.

Get involved with one of the Shalom of the City outreach initiatives:

<https://www.covenantpc.org/ministries/shalom-for-the-city/>

Get on our weekly prayer email (go to the “watch live” page and sign up for the prayer list) and start lifting these prayers and praises up to the Lord.