

AMPLIFY our Weekly Message / 6.26.22

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

Sunday Discussion

This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.

Share something that was said or sung in the worship service that resonated with you. Take a moment to pray with and for the person with whom you just shared.

Daily Discussion

These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage listed.

Monday: Read Ephesians 1:3. What helps you worship the Lord with gratitude? What are obstacles for you to a deeper worship life?

Tuesday: Read Ephesians 1:4-5. What two spiritual blessings are mentioned here? Share about your experience of those two blessings.

Wednesday: Read Ephesians 1:6-8. What two spiritual blessings are mentioned here? Share about your experience of those two blessings.

Thursday: Read Ephesians 1:9-10. What spiritual blessing is mentioned here? Share about your experience of this blessing.

Friday: Read Ephesians 1:11-14. What spiritual blessing is mentioned here? Share about your experience of this blessing.

Weekly Discussion

Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.

1. How has God encouraged, challenged or corrected you recently?
2. What's a way that you believe God has used you recently or wants to use you this week?

What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.

An Inward-Focused Spiritual Practice

Daily spiritual discipline – Spend some time this week meditating on Ephesians 1:3-14. Write down a prayer of thanksgiving for each of the spiritual blessings that are mentioned in this passage.

Spiritual Blessings for followers of Jesus

1. God Chose you.
2. God predestined you to be adopted.
3. God lavishes you with glorious grace.
4. God redeems you.
5. God reveals to you the mystery of His will.
6. God gives you His Spirit.

An Outward-Focused Spiritual Practice

Seek to love those God places in your path. Be intentional to share Jesus’s love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need.

Get involved with one of the Shalom of the City outreach initiatives:

<https://www.covenantpc.org/ministries/shalom-for-the-city/>

Get on our weekly prayer email (go to the “watch live” page and sign up for the prayer list) and start lifting these prayers and praises up to the Lord.