

**AMPLIFY our Weekly Message / 3.14.21**

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

**Sunday Discussion**

**This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.**

What's something that helps you grumble less?

Share something that was said or sung in the worship service that resonated with you.

Take a moment to pray with and for the person with whom you just shared.

**Daily Discussion**

**These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage listed.**

**Monday:** Philippians 2:14-16. In what ways is grumbling and complaining like a viral pandemic in a community?

**Tuesday:** Philippians 2:14-16. If we are to do all things without grumbling and complaining, is it safe to say that followers of Jesus are expected to do all things with joy? Why or why not?

**Wednesday:** Philippians 2:14-16. What does grumbling and complaining communicate about: 1) The object of one's faith? 2) The object of one's trust? 3) The focus of one's desire (to have things work out the way they would like them to work out)

**Thursday:** Philippians 2:14-16. In what ways is the following statement true? In what ways does it miss the mark? *When Christians engage in complaints, grumbling and personal attacks they lose their distinctive nature and forget who their Heavenly Father has redeemed them to be.*

**Friday:** Philippians 2:14-16. How can the Church become a shining star rather than a black hole?

**Saturday:** What part of Philippians has struck you in your reading of it recently?

## Weekly Discussion

**Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.**

1. How has God encouraged or comforted you recently?
2. What's a way that you believe God has used you recently or wants to use you this week?
3. How has God challenged or corrected you recently?

**What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.**

## An Inward-Focused Spiritual Practice

**Daily spiritual discipline** – Spend some time meditating on Philippians 2:14-16a this week. Do everything without complaining. Live at peace with all people. These biblical commands can feel a little extreme. Read over the options below and choose one to practice today.

“Yes but....” If you quickly think of exceptions—moments when complaining or not seeking peace is a good idea—ask the Lord to take you deeper into your motivation to see if there is anything out of alignment with His will.

“That reminds me....” If a moment of conflict or tension with another has come to mind, ask the Lord to show you what He wants you to do to make it right.

“How true is this of me?” Ask the Lord to make you sensitive to your own grumbling then, when you see it, ask Him to reveal your heart-motivation.

## An Outward-Focused Spiritual Practice

Seek to love those God places in your path. Be intentional to share Jesus's love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need.

Get involved with one of the Shalom of the City outreach initiatives:

<https://www.covenantpc.org/ministries/shalom-for-the-city/>

Get on our weekly prayer email and start lifting these prayers and praises up to the Lord.