

AMPLIFY our Weekly Message / 11.15.20

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

Sunday Discussion

This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.

What's something you did with your hands this week?
Share something that was said or sung that resonated with you this morning.
Take a moment to pray with and for the person with whom you just shared.

Daily Discussion

These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage listed.

Monday: Ephesians 5:1-2. Who is someone you like to imitate? Why?

Tuesday: Ephesians 5:1-2. Why is Christ referred to as a fragrant offering and sacrifice? How can I imitate that?

Wednesday: John 4:10-11. What is one way you sacrifice for others? What is one way that someone you know sacrifices for you?

Thursday: John 4:10-11. What most significantly motivates you to sacrifice for another? Share an example.

Friday: John 3:16. Name some obstacles that keep you from sacrificing for others?

Saturday: What have you seen someone do this week that seems like the kind of thing Jesus would do?

Weekly Discussion

Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.

1. How has God been calling you to sacrifice recently?
2. How might God be calling you to even deeper sacrifice?
3. What obstacles were most effective in prompting you to bend in toward yourself last week?
4. What practice(s) could be most helpful in helping you turn out toward God and others this week?

What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.

An Inward-Focused Spiritual Practice

Daily spiritual discipline – Try these things as you meditate on God's word this week:

1. Study the hands of Jesus – flip through the gospels and find examples of Jesus touching others
What do you learn?
2. Begin a nightly examen - A version of a spiritual practice which, alongside daily devotional time, has been a practice of the church since its inception – the examen, or examination of conscience
We'll do an *examanus*, and examination of our heart by studying how we have used our hands

An Outward-Focused Spiritual Practice

Seek to love those God places in your path. Be intentional to share Jesus's love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need. Step into one of our Shalom for the City initiatives and share Jesus with our local community. Get on our weekly prayer email and start lifting these prayers and praises up to the Lord.