

**AMPLIFY our Weekly Message / 10.4.20**

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

**Sunday Discussion**

**This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.**

Share something that was said or sung that really resonated with you this morning. Take a moment to pray with and for the person with whom you just shared.

**Daily Discussion**

**These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage listed. 1 John 4:7-8.**

**Monday:** Agape love is a way of seeing. "It is wholly disinterested (in self) and desires what is simply best for the beloved" (C.S. Lewis). What's difficult or wonderful about that?

**Tuesday:** Agape love is a way of choosing. It is more a choice I make regarding you than a feeling I have for you. What's difficult or wonderful about that?

**Wednesday:** Agape love is a way of living. It is a heart for a person that show up in our hands and feet. What's difficult or wonderful about that?

**Thursday:** Agape love is a way of giving. It is costly self-giving for the sake of others. What's difficult or wonderful about that?

**Friday:** What's something you have enjoyed about agape love this week?

**Saturday:** Work on memorizing 1 John 4:7-21. Recite what you can to yourself in someone in your family.

### Weekly Discussion

**Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.**

1. How have you seen the love of God at work this week?
2. How have you felt the love of God for you this week?
3. How have you shown the love of God to others this week?
4. Agape love is a way of seeing, of choosing, of living, of giving that puts the other person first, even when it costs us. In what ways are you struggling with that?

**What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.**

### An Inward-Focused Spiritual Practice

**Daily spiritual discipline** – Take time to meditate on God's Word and be quiet enough to listen to the voice of His Spirit each day this week.

Read the book of 1 John all the way through in one sitting. Consider what sort of belief and what sort of life will make it obvious that someone is a follower of Jesus and someone else isn't. What are some of the things John mentions?

Begin a day simply by putting yourself before God and meditating on the truth that He loves you. Spend a day reminding yourself of God's love for you. Every time you see yourself in the mirror, say to yourself, "You are the beloved!"

Imagine today a sign hanging over the head of everyone you see that says, "A person to be loved" or "A person worth loving."

### An Outward-Focused Spiritual Practice

Seek to understand those who are different from you and share Jesus love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need. Step into one of our Shalom for the City initiatives and share Jesus with our local community. Get on our weekly prayer email and start lifting these prayers and praises up to the Lord.