

AMPLIFY our Weekly Message / 7.26.20

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

Sunday Discussion

This is designed to be an extension of our Sunday worship service in the midst of season of social distance. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.

- What is one way in which you've cried out to the Lord recently?
- Share an example of how you've experienced God's faithfulness in the past?
- Take a moment to pray for those with whom you're talking.

Daily Discussion Guide for Families

These are intended for conversation around the dinner table, in the car, or before bed at night (ideal for ages 7 and up). Start each conversation by reading the passage from which these questions come: Psalm 77.

Monday: *Read verses 1-2.* What is prayer?

Tuesday: *Read verses 1-2 again.* What is something you pray about a lot?

Wednesday: *Read verses 10-12.* Share a way in which you've experienced God's faithfulness in the past.

Thursday: *Read verses 13-16.* How does remembering God's faithfulness in the past help you trust Him with the 'now' and the future?

Friday: *Read verses 19-20.* How have you felt led by the Lord?

Saturday: Practice reciting Ephesians 3:14-21 together as a family.

Weekly Discussion Guide for Spiritual Friends

Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.

1. What have you been crying out to the Lord about this week?
2. How is God reminding you of His past faithfulness? How is that impacting you?
3. What is something on the Lord's path for you this week that you're looking forward to doing/experiencing?
4. What is a challenge that you foresee on the Lord's path for you this week? How can you face it well?

What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.

An Inward-Focused Spiritual Practice

Conversation with God through Scripture reading: Jump in to [Covenant's Bible Reading plan](#). Be encouraged as well by [Rob Eyman's weekly blog post](#) that follows this plan.

Sacrifice—*Giving of our resources beyond what seems reasonable to remind us of our dependence on Christ.* Choose to give your time or finances to the Lord beyond what you normally would.

An Outward-Focused Spiritual Practice

Seek to understand those who are different from you and share Jesus love through word or deed with them.

- [These Q Sessions](#) provide some great reflection on racial inequality. Listen to these three interviews and consider the reflection questions.
- Order a book on this topic to increase your understanding. Consider hosting a book discussion when you finish the book. <https://www.covenantepc.org/resources/>
- Reach out to a neighbor or co-worker or someone in need.