

AMPLIFY our Weekly Message / 8.30.20

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

Sunday Discussion

This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.

What do you find wonderful and unsettling about God's presence?
Take a moment to pray for those with whom you're talking.

Daily Discussion

These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage from which these questions come: Psalm 139.

Monday: (Verse 1-4) God knows you completely. How does that feel? What does he see as He looks at you?

Tuesday: (Verses 7-12) How have you experienced this constant presence of God?

Wednesday: (Verses 13-16) What does it mean that you are fearfully and wonderfully made? How should we treat someone who is fearfully and wonderfully made?

Thursday: (Verses 17-18) What's something you think about a lot? How does it feel that God thinks a lot about you?

Friday: (Verses 23-24) God knows us more deeply than we know ourselves. How can this reality help us follow Him?

Saturday: Practice reciting Ephesians 3:14-21 together.

Weekly Discussion

Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.

1. How have you enjoyed the Lord's presence this week?
2. How have you felt corrected by His presence with you or knowledge of you recently?
3. How are you struggling to see yourself or others as fearfully and wonderfully made?
4. How can your actions show someone how deeply known and cared for they are this week?

What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.

An Inward-Focused Spiritual Practice

Conversation with God through Scripture reading: Jump in to Covenant's Bible Reading plan. Be encouraged as well by Rob Eyman's weekly blog post that follows this plan.

Silence—Removing noisy distractions to hear from God. Find a quiet place away from noise to hear from God. Write your thoughts and impressions as God directs your heart. Silence can occur even in the midst of noise and distraction. But you must focus your attention on your soul. This could mean talking less or talking only when necessary. And it could mean turning off the radio and the TV.

An Outward-Focused Spiritual Practice

Seek to understand those who are different from you and share Jesus love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need. Step into one of our Shalom for the City initiatives and share Jesus with our local community. Get on our weekly prayer email and start lifting these prayers and praises up to the Lord.