

AMPLIFY our Weekly Message / 8.23.20

These **discussions** and recommended **spiritual practices** are designed to help **AMPLIFY** the impact of our Sunday morning teaching from God's Word. Choose the ones that fit best in your context.

Sunday Discussion

This is designed to be an extension of our Sunday worship service. Take a few minutes to have this conversation with those who watched the worship service with you. If you watched alone, give another friend who watched alone a call and have the conversation over the phone.

What's one item of pain and longing that you are bringing to the Lord in this season?
Take a moment to pray for those with whom you're talking.

Daily Discussion

These are intended for conversation around the dinner table, in the car, or before bed at night (designed for ages 7 and up). Start each conversation by reading the passage from which these questions come: Psalm 13.

Monday: (Verse 1) Share about a time when if felt like God was taking a long time to come to your aid.

Tuesday: (Verses 1-2a) When you cry out for help to whom to you most often direct your cry?

Wednesday: (Verses 2b-4) What do you think David is communicating here? What is his under riding concern? How can others be impacted positively or negatively by your cries amidst pain and longing?

Thursday: (Verses 5-6) How have you experienced God's unfailing love recently?

Friday: (Verses 5-6) How have you experienced the joy of salvation recently?

Saturday: Practice reciting Ephesians 3:14-21 together.

Weekly Discussion

Spiritual friends are those who intentionally move into one another's life to spur one another on in spiritual growth for the Glory of God.

1. What are 1-3 things for which you've been crying out to the Lord recently?
2. How are any of your current struggles impacting others?
3. How could you navigate your struggles in a way that makes God known to those who are watching?
4. How have you been experiencing the unfailing love of God recently? How have you been experiencing joy in your salvation?

What follows are some spiritual practices that we believe could feed your soul and advance His Kingdom this week.

An Inward-Focused Spiritual Practice

Conversation with God through Scripture reading: Jump in to Covenant's Bible Reading plan. Be encouraged as well by Rob Eyman's weekly blog post that follows this plan.

Prayer—Talking to and listening to God about your relationship with Him and about the concerns of others. Find time to pray to God without the distraction of people or things. Combine your prayer time with meditation on the Scriptures in order to focus on Christ.

An Outward-Focused Spiritual Practice

Seek to understand those who are different from you and share Jesus love through word or deed with them.

With the love of Jesus in view, reach out to a neighbor or co-worker or someone in need. Step into one of our Shalom for the City initiatives and share Jesus with our local community. Get on our weekly prayer email and start lifting these prayers and praises up to the Lord.