

SHARON HENDERSON | SPIRITUAL DIRECTOR

As a spiritual director it is one of my greatest joys and privileges to come alongside others to support and encourage them in their relationship with the Lord. Through reflecting on life, asking questions, and prayerful listening, I seek to encourage others in their responsiveness to God's loving presence, activity, and calling in their life.

God desires to transform us more and more into the likeness of Christ, through the work of the Holy Spirit. He longs for each of us to know His love experientially through Jesus Christ and to be made whole and holy in that love. It is my passion for others to experience this transformative love of Jesus. As a spiritual director I am blessed to join others as they open to that deepening work.

Life can be busy, challenging, and noisy at times. I love offering to others, in the context of a safe relationship, a quiet and unhurried space to focus on their life with God. Spiritual direction also offers a setting to explore those times that we get stuck, feel spiritually dry in our relationship with the Lord, or face a challenge or decision in life.

Spiritual direction is a prayerful process that relies on the direction of the Holy Spirit, and is a biblically grounded way of becoming attuned to the voice of God and His invitations.

I have been a follower of Jesus for more than thirty years, and His love and grace continue to captivate my heart. I am forever grateful for the cross and God's rescue of me through Jesus! God has called me into listening as a form of spiritual hospitality for over 30 years and I have been practicing spiritual direction since 2012.

BACKGROUND INFORMATION

Bachelor's Degree in Education

Trained Presenter and Facilitator for Children and Worship

Training in Spiritual Formation at the Transforming Center with Ruth Haley Barton (*2 year program*)

Certified as a Spiritual Director through Sustainable Faith School of Spiritual Direction (*2 year program*)

Enneagram Training through Crosspoint Ministry

MOS Professional Certification: MOS ©iEnneagram Practitioner

Member of Evangelical Spiritual Directors Association

WHAT I OFFER

Individual Spiritual Direction Sessions for adults, teens, and children

- Usually monthly or as desired

Group Spiritual Direction Sessions for small groups

Facilitate Clearness Committee (a way of discerning God's will with a group of friends)

Life Mapping using Listen to My Life Resources–Recognizing and Responding to God in Our Story

Enneagram Assessment (a personality profile tool for spiritual transformation)

AND ON A MORE PERSONAL NOTE

My greatest earthly treasures are my husband of almost 32 years, as well as our four adult children and their spouses. A few of my favorite things are taking long walks, listening, children, pine forests, silence, laughing deeply, white wedding cake, Colorado, and reading.

CONTACT INFORMATION

Fee: \$50 per session (flexible based on need)

For more information, please see my website: onesoulpurpose.net

For an appointment, contact me with a call or text to 765-491-3995 or email me at sjhenderson@onesoulpurpose.net.